

The newsletter of ABIDING PEACE LUTHERAN CHURCH - Budd Lake, N.J.



### **Open Space**

August, 2019

September Newsletter Deadline August 22, 2019

Worship: 10:00 am

For hospitalization or other pastoral care needs, please call Pastor Serena at 908-458-3940

#### **OUR MISSION & PURPOSE**

Abiding Peace Lutheran Church makes Christ known by welcoming all people to a supporting and accepting place to grow in faith and community and to serve the Lord as people created by God, saved by Christ and nurtured by the Holy Spirit.

Phone: 973-691-9393

Website: www.abidingpeacechurch.org

I don't know about you, but I tend to cram every available minute of my life full of... something! A lot of those things are valuable, or at least necessary uses of my time: cooking; laundry; exercise; talking to my husband/children/family/friends; a variety of tasks related to child-rearing; of course a whole bunch of different activities for my work with the church... the list goes on. I am blessed with a very full life, and I try to cultivate a spirit of gratitude about all that fullness.

But I am also aware that filling up my time can also function as a bad habit. It can start to feel like the constant activity is my only mode for going through life, making me feel antsy or even anxious if I encounter a single minute or ten that DON'T have an urgent task to fill them with. Standing in line at the grocery store? *Pull out my phone to start deleting all the junk mail clogging my inbox*. Five minutes before I need to leave to pick-up the kids? *Sounds like a good time to put away all the shoes in the foyer*. Those are things that need to get done, of course, but there is something else that is much more important in the grand scheme of things: SPACE.

We all need space in our lives to just BE. Space to sit and think, or to share a thoughtful conversation with someone who will enrich our lives with a new perspective. Space that isn't driven by an agenda, or clogged up with tasks. Space to breathe a little deeper, and to remember that *life is beautiful in this present moment*, apart from anything that we achieve in it, or any entertainment that distracts us from it.

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#### COUNCIL & MINISTRY LEADERS

#### **Officers**

President Heather Nilsen
Vice President Gerry Ayotte
Secretary Howard Corneilson
Treasurer Nancy Ayotte

#### **Council Members**

Gerry Ayotte Cindy Pawlo
Nancy Ayotte Pat Scalora
Howard Corneilson Sibylle Schroeder
Ray Mueller Alexis Sweeney

Heather Nilsen

#### **Ministry Leaders**

Arts & Crafts Sibylle Schroeder
Christian Education & Karen Coates

Youth

Evangelism Ed Sekula Fellowship Demetria Laird Finance George Pawlo Financial Secretary Nita Persson Messengers Dancers Mary Kasakove Mutual Ministry Heather Nilsen Property Vacant Sibylle Schroeder Social Ministry Seniors Sibylle Schroeder Stewardship Ray Mueller Worship & Music Mary Kasakove

#### **OUR STAFF**

#### Pastor:

Serena Rice

Cell: 908-458-3940

#### **Music Director:**

Ben Schroeder

benmschroeder@gmail.com

#### **Administrative Assistant:**

Christine Strobel

office@abidingpeacechurch.org
Monday-Friday: 10:00 am—1:00 pm

Continued from Page 1—Pastor's Column

So, this summer, our church has been setting aside time to hold "open space." This time is for you (and me) to engage in the transforming experience of opening ourselves up for whatever the Spirit has planned. I don't come with a lesson plan, although you are welcome to come with a question. This open space is for talking about the topics and ideas that we want to make more space for in our lives. Our July Open Space has given us space for plenty of laughter and honest sharing. I hope and trust that our August Open Space (on the 7<sup>th</sup>, and 29<sup>th</sup>) will as well.

I look forward to entering that open space with you.

#### Pastor Serena



## Alert from the Synod Office: Beware of E-Mail Scams

Over the last several months, emails have gone out to many NJ synod congregation members that appear to be from the pastor asking for gift cards for a sick friend. Instructions often direct the giver to reply to the email with the gift card numbers and PIN. This has also happened using the bishop's name. Please be alert to such scams. Double check the spelling and grammar used in the emails -- in the sender names and the body of the email. Call the congregation office (or synod office) or the pastor directly before responding to requests for such gifts. Church people are generous and this scam appeals to your generous spirit. There are a number of legitimate ways to help people in need -- your local congregation can assist you in finding them.



Last month Abiding Peace received a legacy gift from our much beloved and dearly missed brother Ed Sekula. Ed named Abiding Peace as a beneficiary of a life insurance policy, and through that gift he is continuing to support the mission of Abiding Peace now that he is no longer with us.

Ed didn't tell the church Council about the policy, but for those of us who know him, it's not really a surprise. As one Council-member noted, for many years Ed was "Mr. Stewardship." He was passionate about the congregation of Abiding Peace and he put his time and his heart into making sure that our ministry had the financial stability to be able to do the work that God has called us to in this community. That commitment included looking ahead, and planning the gift of this life insurance to bless our community even after he is gone. We give thanks to God for Ed's generous heart, and his joy in supporting the work and mission of the church.

Each of us gives in our own ways, and what works for one may not work for another. For those that might wish to consider looking ahead and planning a legacy gift, Thrivent has helpful resources to consider: <a href="https://www.thrivent.com/goals-and-life-events/goals/leaving-your-legacy/">https://www.thrivent.com/goals-and-life-events/goals/leaving-your-legacy/</a> I can imagine it would have really pleased Ed to think of inspiring others to think outside the box in our stewardship plans.

## "Unfinished Object" Night August 15 \* 7:30 pm

Come and join us for Unfinished Object
Night at 7:30 pm. We have been having a
wonderful time hanging out and finishing our
UFO's. For information and to make sure it's on call Sibylle at 973-691-1910.

## Senior Meeting Schedule 2019

August 21 (Wed.)

Picnic at the Pawlo's or Outing to Well-Sweep Herb Farm

Sept. 19 (Thur.)

Picnic at the Pawlo's

October 23 (Wed.) Halloween Party

November 21 (Thur.) Christmas Party

This schedule is open to changes.

## Thank You Corner

A big thank you to our faithful gardeners: Pat Scalora, Alexis Sweeney, Sue Stirrat, and our newest faithful garden helper Jimmy Tangen! They've been fighting some pests this year, but are still pulling in a good harvest for the folks at Mt. Olive Manor and the Food Pantry – Pastor Serena

If you would like to express a "Thank you" in next month's newsletter, please send a brief paragraph to Christine (chstrobel@optonline.net) by August 25.

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PLEASE CALL THE CHURCH OFFICE
973-691-9393
or have someone call for you, if you are
hospitalized.
Because of the HIPAA privacy laws,
the church is *not*notified when you are admitted to a hospital,
in order to

protect your privacy. The only way we will know if you are in the hospital is if you or

Please clip this article and keep it handy!



### Faith Kitchen Shopping List for August 6

#### Pasta Salad

- ~ 1 box of macaroni noodles
- ~ 1 pack of cooked, peeled eggs (19 oz.)
- ~ 1 pack of mixed, frozen vegetables (10 oz.)
- $\sim 1/2$  lb. thick sliced salami or salami ends
- $\sim 1/2$  lb thick sliced Swiss cheese or Swiss ends
- ~ 1 cucumber
- $\sim 1$  tomato
- ~ 1 green pepper

Please bring these items to church on Sunday, August 4th.

Please let me know if you can come to help cook and serve or call with any questions 973-691-1910.

Thank you,

Sibylle Schroeder Social Ministry

# Sunday Scripture

### August 4

Ecclesiastes 1:2, 12-14; 2:18-23 Psalm 49:1-12 Galatians 3:1-11 Luke 12:13-21

## **August 11**

Genesis 15:1-5 Psalm 33:12-22 Hebrews 11:1-3, 8-16 Luke 12:32-40

### **August 18**

Jeremiah 23:23-29 Psalm 82 Hebrews 11:29—12:2 Luke 12:49-56

## August 25

Isaiah 58:9b-14 Psalm 103:1-8 Hebrews 12:18-29 Luke 13:10-17

# August Birthdays

11 Billy Clark 28 Kevin Tangen 30 Laurel Kamin

# August Anniversaries

4 Pat & Jeanne Scalora
10 Don & Cecilia Bowe
20 Tyler & Serena Rice
29 Bob & Lynn Peterson

## **General Budget Financial Summary**

	June	Y-T-D
Budget	\$12,244	\$ 73.464
Income	\$14,352	\$ 72,220
Expenses	\$12,806	\$ 74,521
Surplus/(Deficit) to Spending	\$ 1,546	\$ (2,301)
Surplus/(Deficit) to Budget	\$ 2,108	\$ (1,244)

The chart above reflects giving and spending for all budgeted items. Designated (pass through) giving and spending is not included.



### **Food Pantry Needs**

Bread Hot Dog Buns Hot Dogs Parmalat Milk

Thank You!

#### Rally Day Service Project: School Kits for Lutheran World Relief

For this year's *God's Work, Our Hands* service project, we will be assembling school kits for refugee children and children in need around the world, to be distributed through Lutheran World Relief.

While our seamstresses are busily working on creating the bags, we need to start assembling the supplies. We will be getting Thrivent money to help with the purchases, but please donate as generously as you can. You may purchase supplies (sign-up on the sheet on the office bulletin board), or else contribute toward a group purchase. The items needed are:

- 70-sheet, 8"x10 ½" notebooks (wide-rule OR college-ruled) 4 per kit
- 30-cm rulers (or ruler with both inch and cm markings)
- Manual pencil sharpener
- Blunt scissors (safety scissors work well)
- Unsharpened #2 pencils with erasers 5 per kit, secured with rubber bands
- Black or blue ballpoint pens (no gel ink) 5 per kit, secured with rubber bands
- Box of 16 or 24 crayons
- 2 ½" eraser

For the supplies, please note that all items should be new, and should not have any religious or patriotic symbols or camouflage patterns (as these things can create problems with the governments of receiving countries that delay or prevent delivery, or even prevent safety problems for LWR and partner organizations).

If you are able, please plan to stay after worship on September 8 and participate in some learning activities while we assembly the kits!



### Building New Spiritual Practices— Noticing God

Last month's article in the Spiritual Life Inventory follow-up series promised a new newsletter feature for the coming months on "building new spiritual practices." So, here we go!

Spiritual practices are a big umbrella term for anything we do on a (semi-regular) basis to deepen our connection to God, or to connect our faith in our daily lives. Some spiritual practices go back millennia. Some come from past religious experiences or even other traditions. Some we just make up for ourselves out of the creative ingenuity that God has put inside us. If it helps to grow your faith, it's a spiritual practice!

We are going to start by featuring a practice that is simple, but powerful: intentionally noticing God. All this practice requires is a little attention, although it can be enhanced by a journal to keep notes in, or a partner to share the practice with (you can talk, or even just text message each night). At the end of the day, just take a couple of minutes to look back through your day and identify at least one experience where you experienced God's presence or action. It could be in a kindness you received or observed; or a moment of beauty that reminded you of the goodness of God's creation; or a challenge to act in a way that is consistent with your faith. We might not have even "noticed God" in the moment, but when we look back at our day with that question as our lens, sometimes it's amazing what we will notice. And the great thing about this practice is that the more we do it – the more we intentionally consider the experiences of our day with the question of where we saw God – the better we will get at noticing the amazing ways that God is present in our daily lives!



### Pastor Serena's August Schedule

#### Week of July 28 – August 4

- Monday Saturday Chaplain at Crossroads Camp, no office hours
- Sunday, August 4: 9:00 am 4:00 pm

#### Week of August 5 – 11

- Wednesday, August 7: 10:30 am—9:00 pm
- Sunday, August 11: 8:30 am—2:00 pm

### Week of August 12 – 18

- Wednesday, August 14: 10:30 am—9:00 pm
- Thursday, August15: 6:30 pm—9:00 pm
- Sunday, August 18: 9:00 am—1:00 pm

Week of August 19-25—VACATION (Pastor Dale Selover will be available for pastoral emergencies (609) 785-5366); Pastor Agnetha Ringberg will be supplying on August 25.)

### Week of August 26 - Sep 1

- Thursday, August 29: 10:00 am—9:00 pm
- Sunday, Sep. 1: 9:00 am—1:00 pm

## "Holey Roof" Campaign

Due to the generosity of our loving community, we have surpassed the \$10,000 mark in pledges and money received for the "holey roof" campaign. That puts us 2/3rds of the way to our goal of \$15,000.

Thank you to all!!!



### Adult Forums/Events (Sundays @ 11:30 am)

- Sept. 8 Rally Day & LWR Activities
- Follow-up conversations from the July Loving Dialogue session on how our church engages the immigrant/refugee crisis:
  - ~ Sept. 15 -Politics & Church
  - ~ Sept. 22 Speech w/out Coercion
  - ~ Sept. 29 Responding to the Pain
- Oct. 13 How do we talk about Race?
- Oct 27 Reformation Day Fair
- Nov. 10 Loving Dialogue on Mental Health
- Nov. 24 Reading the Whole Gospel: Matthew
- Dec. 1 Advent Retreat on Spiritual Practices
- (Date TBD) Prayer Partners Cookie Exchange

\* \* \*

• Jan 5, 2020—Planning meeting for 2020 adult education topics!

## Mid-Week Studies/Services (Wednesdays @ 6:45 pm)

- Sept. 11 @ 7:00pm Service of Healing
- Sept. 18 Showing of *Father K*, with discussion
- Fall Mid-week series: Women in the Bible
  - ~ Sept. 25 What do we do with Bible's gendered household codes?
  - $\sim$  Oct 2 Eve
  - $\sim$  (Oct 9 no Bible study)
  - ~ Oct 16 Sarah
  - ~ Oct 23 Hagar
  - ~ Oct 30 Rachel, Leah, Bilhah & Zilpah
  - ~ Nov 6 Miriam
  - $\sim$  (Nov 13 no Bible study)
  - ~ Nov 20 Deborah & Jael
- Taize Prayer Services
  - ~ Oct 9, Nov 13
- Mid-week Advent Services
  - ~ Dec 4, Dec 11, Dec 18

### **AUGUST**

## WORSHIP ASSISTANTS IT IS YOUR RESPONSIBILITY TO FIND A REPLACEMENT IF YOU CANNOT SERVE.

AUGUST	GREETER	USHER	LECTOR	ASSISTANT MINISTER	COMMUNION ASSISTANT	POWERPOINT
4	Carol Biunno	Pat Scalora	Evelyn Bowden	Doug Laird	~ George Pawlo ~ Maria Jerez-Kearney	Jeanne Scalora
11	Howard Corneilson	Cindy Pawlo	Karen Coates	Mary Kasakove	~ Christina Belfiore ~ Doug Laird	Sue Stirrat
18	Doug Laird	Doug Laird	Roy Persson	Sibylle Schroeder	~ Heather Nilsen ~ Joe Barrett	Jeanne Scalora
25	Ken Schwier	Alexis Sweeney	Ray Mueller	Maria Jerez-Kearney	~ Howard Corneilson ~ George Pawlo	Alexis Sweeney

**COUNTERS: 4:** Nita Persson **11:** George Pawlo **18:** Nita Persson **25:** Howard Corneilson

**ALTAR GUILD:** Sibylle Schroeder **BREAD BAKING:** Sibylle Schroeder



## Keep These Friends in Your Heart & Prayers

Keep these friends in your hearts and prayers: <u>Those who are sick or in need</u>: Richard Biunno, Susan Jacob, Judy Jacob, Sue Corneilson, Cecilia A. Bowe, Susan Ansari, Margie (Lynn Peterson's Aunt), Dale (Lynn Peterson's aunt), Kevin Kieran, Howard Corneilson, Nancy Doyle, Eli Blahut, Bill von Minden, Kim Prentiss, David Steitiz, Evan Geutler, Laura Dennis, Doug Laird, St. James Lutheran Church, Phillipsburg, NJ, the residents and staff of Mt. Olive Manor, Ray & Rose (Jeanne Scalora's brother and sister-in-law), Audrey Gregg, Diane Salje, the Nelkirk family, Bill Price, Rob Heller, Diana Arroyo Perez, Gertrude Price, April Inglin, Kathleen Mazzagati, Jeff Kamin, Dominick Gattone, Gloria Stuart, Isabella Adams, Lynn Peterson and family, Fran Mountjoy, Don Bowe, Cora Woodruff, Madeline Gasperine, Anja Zwicker, Mary Kathryn Laird, Sandy Siewert, Norton Woodruff, David Dearman, Bob Vanderhoof, Max Levinston, Sharon Puglia, Juli Pullara, Rich Apgar, Michael Krush, Judy Wayman, Tamsin Skeels, Don Larsen, Sandy Olson, Col. Phillip E. Miller, Jim Kosiorek, Randy Esposito, Pat Linn, Eleonor Braun, Daniel LeFave, Jim and Patricia Porter, David Coyne, Megan McGuire, Benjamin Nersesian, Donna Woody, Gillian George, Joe Barrett, Sr. *Those in mourning*: the family of Rev. Edward N. Corneilson

## **AUGUST 2019**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	<b>2</b> 8:00 pm NA Mtg.	<b>3</b> 8:00 pm NA Mtg.
4 8TH SUNDAY/ PENTECOST 9:30 am Music Rehearsal 10:00 am Worship 2:00 pm MOCA Com- munity Forum on Brave Space	5	6 9:00 am Faith Kitchen	7 6:30 pm AA Mtg. 7:00 pm Open Space	8	<b>9</b> 8:00 pm NA Mtg.	2:00 pm Pool Party at the Pawlos 8:00 pm NA Mtg.
9TH SUNDAY/ PENTECOST 8:45 am Worship & Music Committee Meeting 9:30 am Music Rehearsal 10:00 am Worship 11:30 am Summer Fair	12	13	4:00 pm Taize Service  @ Mt. Olive Manor 6:30 pm AA Mtg. 7:00 pm Taize Service @ APLC	7:00 pm Council Meeting (All are welcome)	<b>16</b> 8:00 pm NA Mtg.	<b>17</b> 8:00 pm NA Mtg.
18 10TH SUNDAY/ PENTECOST 9:30 am Music Rehearsal 10:00 am Worship 11:30 am 50th Anniversary Planning Meeting 2:00 pm Giant Church Picnic @ Crossroads	<b>19</b> 7:30 pm Unfinished Object Night	20	2:00 pm Seniors Meeting: Well-Sweep Herb Farm 6:30 pm AA Mtg.	22 NEWSLETTER DEADLINE	<b>23</b> 8:00 pm NA Mtg.	<b>24</b> 8:00 pm NA Mtg.
25 11THSUNDAY/ PENTECOST 9:30 am Music Rehearsal 10:00 am Worship	26	27	<b>28</b> 6:30 pm AA Mtg.	7:00 pm Open Space  @ Jersey Girl Bar	<b>30</b> 8:00 pm NA Mtg.	<b>31</b> 8:00 pm NA Mtg.